

# Independence for you, peace of mind for your family



Telecare refers to personal and environmental sensors that enable people to remain safe and independent in their own home. All these devices link to the community alarm system and raise an alert to the 24-hour monitoring centre. The telecare 12 week trial includes a community alarm and telecare sensors, provided by Surrey's borough and district councils. There is a wide range of sensors, the more common ones are:

### Linked smoke alarm

This device triggers an alarm in the monitoring centre.

It helps: people with limited mobility or capacity, hearing or sight impairment, who might find it difficult to leave a property in a fire. It can detect temperature rises associated with fire and reduces the risk of smoke inhalation. This is also available in a kitchen version.



## Pill dispenser

This lockable pill dispenser reminds the person when to take pre-measured doses by sounding an alarm. If they miss taking their pills it can trigger an alert to a family member, carer or monitoring centre.

It helps: when the person has moderate difficulty managing their medication.

#### Chair and bed sensor

This is a pressure mat that lies under the mattress or chair, which triggers an alarm when the person gets out of bed or does not return within a set timeframe. It can also alert if they are not in bed by a certain time or have not got up by a set time in the morning.

It helps: with falling and guards against unexpected illness.

#### **Falls detector**

Can be worn on your wrist, belt or clothing and triggers an alarm when the wearer has fallen. There are various versions available.

It helps: people with conditions like epilepsy or diabetes who cannot activate a pendant if they fall, or are unable to move to seek help.



This device warns of natural gas and carbon monoxide leaks.

It helps: avoid gas inhalation.

#### **Pendant**

This can be clipped onto clothing, worn on your wrist or around your neck and is activated by the wearer to call for assistance. A built in microphone and speaker system on the Community Alarm allows the the monitoring centre to find out what the problem is.

It helps when the person is becoming too ill or unable to move to seek help.



For more details of the telecare 12-week free trial, and use of free sensors.

Call **0800 195 6035** Text **07976 843825** 

Visit: www.surreytelecare.com





