Examples Of Telecare In Action

Case Study – Falls & Mobility

Client Profile:
Mrs T aged 64, lived alone and had collapsed unexpectedly several times, luckily only sustaining minor injury. This was investigated and she was diagnosed with an irregular heartbeat requiring surgery to have a pace maker fitted. The uncertainty and risk of further fainting meant that Mrs T felt vulnerable and frightened when alone.

Role of Telecare:
Mrs T was referred by her GP and an assessment was undertaken. This indicated that she would benefit from a falls pendant. The pendant works by sensing when the wearer is in a fall position rather then being upright, which is ideal for someone whose fall is caused by fainting as it requires no action from them to send an alarm.

Outcome
Mrs T. now feels safe, confident and reassured that if she is unwell help can be summoned by pressing the pendant herself or in the event of a collapse that the falls sensor would automatically alert the care centre. The family feel more relaxed and able to go about their daily routine. They are happy that she does not have to rely on her ability to reach a telephone if unwell.